

Scriptures on Suffering

Exodus 3:7

And the LORD said: "I have surely seen the oppression of My people who are in Egypt, and have heard their cry because of their taskmasters, for I know their sorrows."

Job 9:27-29

If I say, 'I will forget my complaint, I will put off my sad face and wear a smile,' I am afraid of all my sufferings; I know that You will not hold me innocent. If I am condemned, Why then do I labor in vain?

Job 30:15-17

Terrors are turned upon me; They pursue my honor as the wind, And my prosperity has passed like a cloud. "And now my soul is poured out because of my plight; The days of affliction take hold of me. My bones are pierced in me at night, And my gnawing pains take no rest."

Job 30:26-28

But when I looked for good, evil came to me; And when I waited for light, then came darkness. My heart is in turmoil and cannot rest; Days of affliction confront me. I go about mourning, but not in the sun; I stand up in the assembly and cry out for help.

Psalm 10:14

But You have seen, for You observe trouble and grief, To repay it by Your hand. The helpless commits himself to You; You are the helper of the fatherless.

Psalm 22:24

For He has not despised nor abhorred the affliction of the afflicted; Nor has He hidden His face from Him; But when He cried to Him, He heard.

Psalm 31:9

Have mercy on me, O LORD, for I am in trouble; My eye wastes away with grief, Yes, my soul and my body!

Psalm 35:14

I paced about as though he were my friend or brother; I bowed down heavily, as one who mourns for his mother.

Psalm 42:10

As with a breaking of my bones, My enemies reproach me, While they say to me all day long, "Where is your God?"

Psalm 55:2-4

Attend to me, and hear me; I am restless in my complaint, and moan noisily, Because of the voice of the enemy, Because of the oppression of the wicked; For they bring down trouble upon me, And in wrath they hate me. My heart is severely pained within me, And the terrors of death have fallen upon me.

Psalm 119:50

This is my comfort in my affliction, For Your word has given me life.

Psalm 119:153

Consider my affliction and deliver me, For I do not forget Your law.

Proverbs 9:12

If you are wise, you are wise for yourself, And if you scoff, you will bear it alone.”

Proverbs 22:3

A prudent man foresees evil and hides himself, But the simple pass on and are punished.

Isaiah 53:3

He is despised and rejected by men, A Man of sorrows and acquainted with grief. And we hid, as it were, our faces from Him; He was despised, and we did not esteem Him.

Jeremiah 15:15

O LORD, You know; Remember me and visit me, And take vengeance for me on my persecutors. In Your enduring patience, do not take me away. Know that for Your sake I have suffered rebuke.

Matthew 4:24

Then His fame went throughout all Syria; and they brought to Him all sick people who were afflicted with various diseases and torments, and those who were demon-possessed, epileptics, and paralytics; and He healed them.

Matthew 8:5-7

Now when Jesus had entered Capernaum, a centurion came to Him, pleading with Him, saying, “Lord, my servant is lying at home paralyzed, dreadfully tormented.” And Jesus said to him, “I will come and heal him.”

Matthew 16:21

From that time Jesus began to show to His disciples that He must go to Jerusalem, and suffer many things from the elders and chief priests and scribes, and be killed, and be raised the third day.

Matthew 17:12

But I say to you that Elijah has come already, and they did not know him but did to him whatever they wished. Likewise the Son of Man is also about to suffer at their hands.”

Mark 8:31

And He began to teach them that the Son of Man must suffer many things, and be rejected by the elders and chief priests and scribes, and be killed, and after three days rise again.

Mark 5:28-30

For she said, “If only I may touch His clothes, I shall be made well.” Immediately the fountain of her blood was dried up, and she felt in her body that she was healed of the affliction. And Jesus, immediately knowing in Himself that power had gone out of Him, turned around in the crowd and said, “Who touched My clothes?”

Mark 5:34

And He said to her, "Daughter, your faith has made you well. Go in peace, and be healed of your affliction."

Luke 4:38

Now He arose from the synagogue and entered Simon's house. But Simon's wife's mother was sick with a high fever, and they made request of Him concerning her.

Luke 9:22

saying, "The Son of Man must suffer many things, and be rejected by the elders and chief priests and scribes, and be killed, and be raised the third day."

Luke 24:46

Then He said to them, "Thus it is written, and thus it was necessary for the Christ to suffer and to rise from the dead the third day,

Acts 1:3

to whom He also presented Himself alive after His suffering by many infallible proofs, being seen by them during forty days and speaking of the things pertaining to the kingdom of God.

Acts 28:8

And it happened that the father of Publius lay sick of a fever and dysentery. Paul went in to him and prayed, and he laid his hands on him and healed him.

Romans 5:3

And not only that, but we also glory in tribulations, knowing that tribulation produces perseverance;

Romans 8:18

For I consider that the sufferings of this present time are not worthy to be compared with the glory which shall be revealed in us.

2 Corinthians 1:5-7

For as the sufferings of Christ abound in us, so our consolation also abounds through Christ. 6 Now if we are afflicted, it is for your consolation and salvation, which is effective for enduring the same sufferings which we also suffer. Or if we are comforted, it is for your consolation and salvation. And our hope for you is steadfast, because we know that as you are partakers of the sufferings, so also you will partake of the consolation.

Philippians 1:29

For to you it has been granted on behalf of Christ, not only to believe in Him, but also to suffer for His sake,

Philippians 3:10

that I may know Him and the power of His resurrection, and the fellowship of His sufferings, being conformed to His death,

1 Thessalonians 5:9

For God did not appoint us to wrath, but to obtain salvation through our Lord Jesus Christ,

1 Thessalonians 1:6

And you became followers of us and of the Lord, having received the word in much affliction, with joy of the Holy Spirit,

2 Timothy 1:8

Therefore do not be ashamed of the testimony of our Lord, nor of me His prisoner, but share with me in the sufferings for the gospel according to the power of God,

2 Timothy 1:12

For this reason I also suffer these things; nevertheless I am not ashamed, for I know whom I have believed and am persuaded that He is able to keep what I have committed to Him until that Day.

2 Timothy 2:8-10

Remember that Jesus Christ, of the seed of David, was raised from the dead according to my gospel, for which I suffer trouble as an evildoer, even to the point of chains; but the word of God is not chained. Therefore I endure all things for the sake of the elect, that they also may obtain the salvation which is in Christ Jesus with eternal glory.

Hebrews 13:3

Remember the prisoners as if chained with them—those who are mistreated—since you yourselves are in the body also.

James 5:10-11

My brethren, take the prophets, who spoke in the name of the Lord, as an example of suffering and patience. Indeed we count them blessed who endure. You have heard of the perseverance of Job and seen the end intended by the Lord—that the Lord is very compassionate and merciful.

1 Peter 1:6

In this you greatly rejoice, though now for a little while, if need be, you have been grieved by various trials,

1 Peter 2:20

For what credit is it if, when you are beaten for your faults, you take it patiently? But when you do good and suffer, if you take it patiently, this is commendable before God.

1 Peter 3:14

But even if you should suffer for righteousness' sake, you are blessed. "And do not be afraid of their threats, nor be troubled."

1 Peter 3:17For it is better, if it is the will of God, to suffer for doing good than for doing evil.

1 Peter 4:12-13

Beloved, do not think it strange concerning the fiery trial which is to try you, as though some strange thing happened to you; but rejoice to the extent that you partake of Christ's sufferings, that when His glory is revealed, you may also be glad with exceeding joy.

1 Peter 4:15

But let none of you suffer as a murderer, a thief, an evildoer, or as a busybody in other people's matters.

1 Peter 4:16

Yet if anyone suffers as a Christian, let him not be ashamed, but let him glorify God in this matter.

1 Peter 4:19

Therefore let those who suffer according to the will of God commit their souls to Him in doing good, as to a faithful Creator.

1 Peter 5:8-10

Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour. Resist him, steadfast in the faith, knowing that the same sufferings are experienced by your brotherhood in the world. But may the God of all grace, who called us to His eternal glory by Christ Jesus, after you have suffered a while, perfect, establish, strengthen, and settle you.
